**18th Annual ADHD and Related Concerns Conference Learning Outcomes - NBCC**

1. Participants will be able to name two sleep-related concerns that may result from pharmacological treatment for ADHD. (Turning off the Active Mind)
2. Participants will identify two effective interventions for managing sleep concerns which co-occur with ADHD. (Turning off the Active Mind)
3. Participants will articulate how deficits in sleep affect inattention and hyperactivity/impulse-control differently. (Turning off the Active Mind)
4. Participants will be able to describe the main cause of ADHD symptoms. (ADHD: The Physical Connection)
5. Participants will describe how physical activity affect the brain’s chemistry. (ADHD: The Physical Connection)
6. Participants will describe the benefits of physical activity for children with ADHD. (ADHD: The Physical Connection)
7. Participants will be able to explain why medicine so important in treating children and teens with ADHD. (The Why, the How, and the What: Medications)
8. Participants will be able to describe which medicines are available to treat ADHD, and what determines which medicine to start with. (The Why, the How, and the What: Medications)
9. Participants will explain how ADHD medicines work, and how we know they are safe and effective. (The Why, the How, and the What: Medications)
10. Participants will be able to describe the difference between requirements and best practices when serving students with dyslexia. (MDE Dyslexia Updates)
11. Participants will be able to discuss about public school requirements for students with dyslexia as well as what is best practice for optimal student outcomes. (MDE Dyslexia Updates)
12. Participants will be able to discuss necessary accommodations. (MDE Dyslexia Updates)
13. Participants will be able to explain how emotional impulsivity is different than the behavioral presentation. (Emotional Impulsivity)
14. Participants will list the three main indicators of emotional impulsivity. (Emotional Impulsivity)
15. Participants will describe which childhood disorder is most closely associated with emotional impulsivity. (Emotional Impulsivity)
16. Participants will be able to name two complimentary interventions for ADHD helpful for kids with ADHD. (Complementary Interventions)
17. Parents will list three additional ways parents can promote better functioning with their ADHD child. (Complementary Interventions)
18. Participants will describe how these interventions can be implemented in daily life. (Complementary Interventions)
19. Participants will be able to differentiate symptomology between child and adult ADHD. (It’s Not Just for Kids)
20. Participants will understand how hormones influence women’s management of impulse control. (It’s Not Just for Kids)
21. Participants will identify maladaptive behaviors associated with low distress tolerance. (It’s Not Just for Kids)
22. Participants will be able to explain the difference between a support animal, therapy animal, and service animal. (Is a Service Dog the Answer?)
23. Participants will be able to list two things a service animal may be able to do to help. (Is a Service Dog the Answer?)
24. Participants will be able to explain if a service dog is the right fit for the diagnosis. (Is a Service Dog the Answer?)